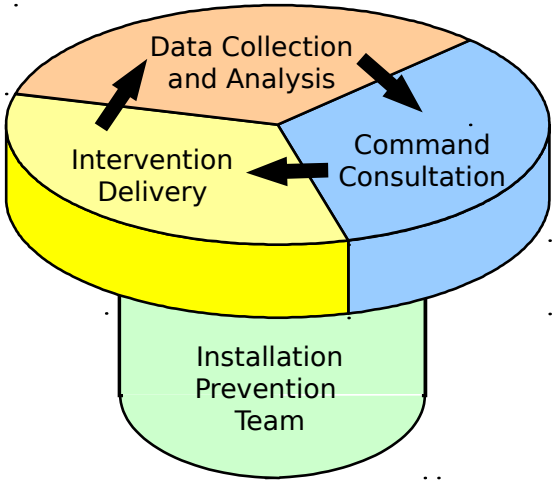
Risk Reduction Purpose

Purpose

The program is designed to increase soldier and mission readiness, allowing Commanders to track soldier high-risk behaviors within their command.

Objectives

- Train leaders in identifying and reducing high-risk factors
- Identify and target high-risk behaviors for prevention
- Promote Risk Reduction as a prevention strategy
- Prevent unhealthy and destructive behaviors
- Increase soldier and unit readiness



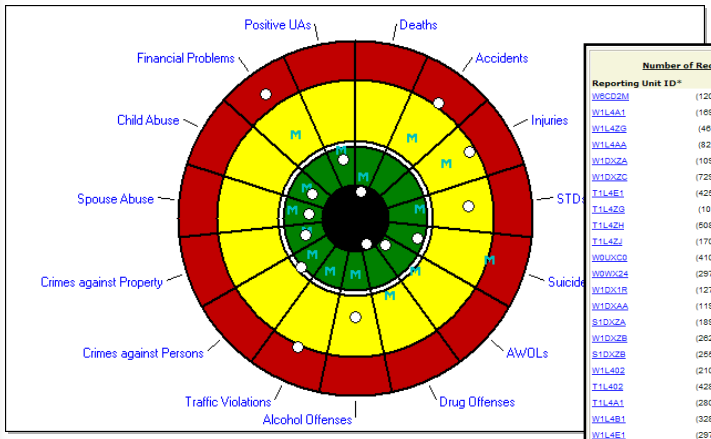
Risk Reduction Web-Enabled Reports

The Risk Reduction Program uses high-risk behavior incident data. By statistically comparing the rates of units to the RRP Army rate the software identifies at-risk units.

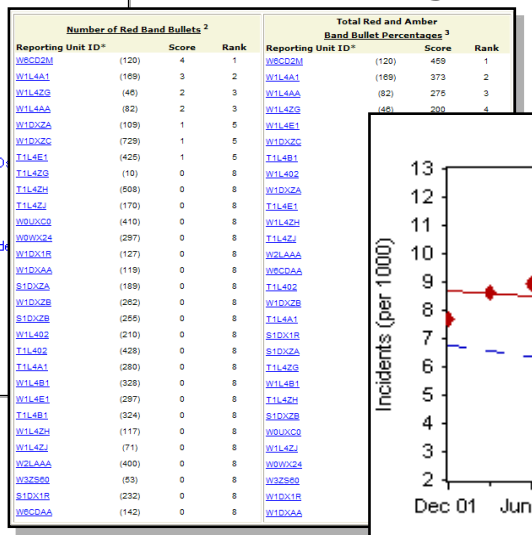
Matrix Report

Risk Factors	Army	Carlisle Barracks	Fort Benning	Fort Bliss	Fort Gordon	Fort Huachuca
Deaths	2.6	0.8	2.7	3.4	1.5	0.0
Accidents	1.3	2.4	1.4	0.8	1.0	3.0
Injuries	2.1	1.8	4.0	2.0	1.4	1.7
STDs	1.2	0.7	1.3	1.8	0.9	1.0
AWOLs	1.6	1.7	2.8	0.1	0.3	0.5

Shot Group



Unit Ranking



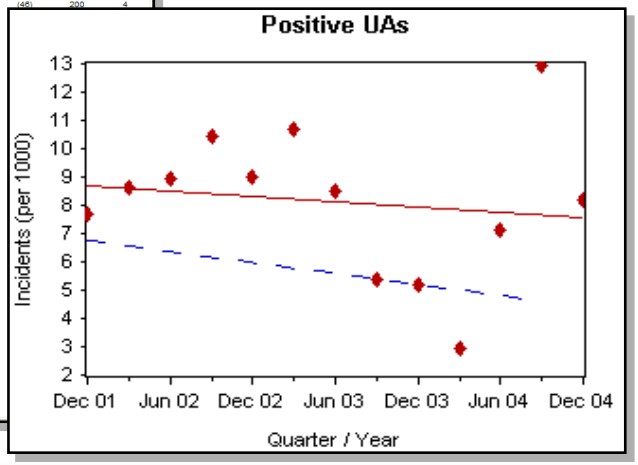
Number of Red Band Bullets [2]

Reporting Unit ID*		Score	Rank
W6CD2M	(120)	4	1
W1L4A1	(169)	3	2
W1L4ZG	(46)	2	3
W1L4AA	(82)	2	3
W1DXZA	(109)	1	5
W1DXZC	(729)	1	5
T1L4E1	(425)	1	5
T1L4ZG	(10)	0	8
T1L4ZH	(508)	0	8
T1L4ZJ	(170)	0	8
W0UXC0	(410)	0	8
W0WX24	(297)	0	8
W1DX1R	(127)	0	8
W1DXAA	(119)	0	8
S1DXZA	(189)	0	8
W1DXZB	(262)	0	8
S1DXZB	(255)	0	8
W1L402	(210)	0	8
T1L402	(428)	0	8
T1L4A1	(280)	0	8
W1L4B1	(328)	0	8
W1L4E1	(297)	0	8
T1L4B1	(324)	0	8
W1L4ZH	(117)	0	8
W1L4ZJ	(71)	0	8
W2LAAA	(400)	0	8
W3ZS60	(53)	0	8
S1DX1R	(232)	0	8
W6CDAA	(142)	0	8

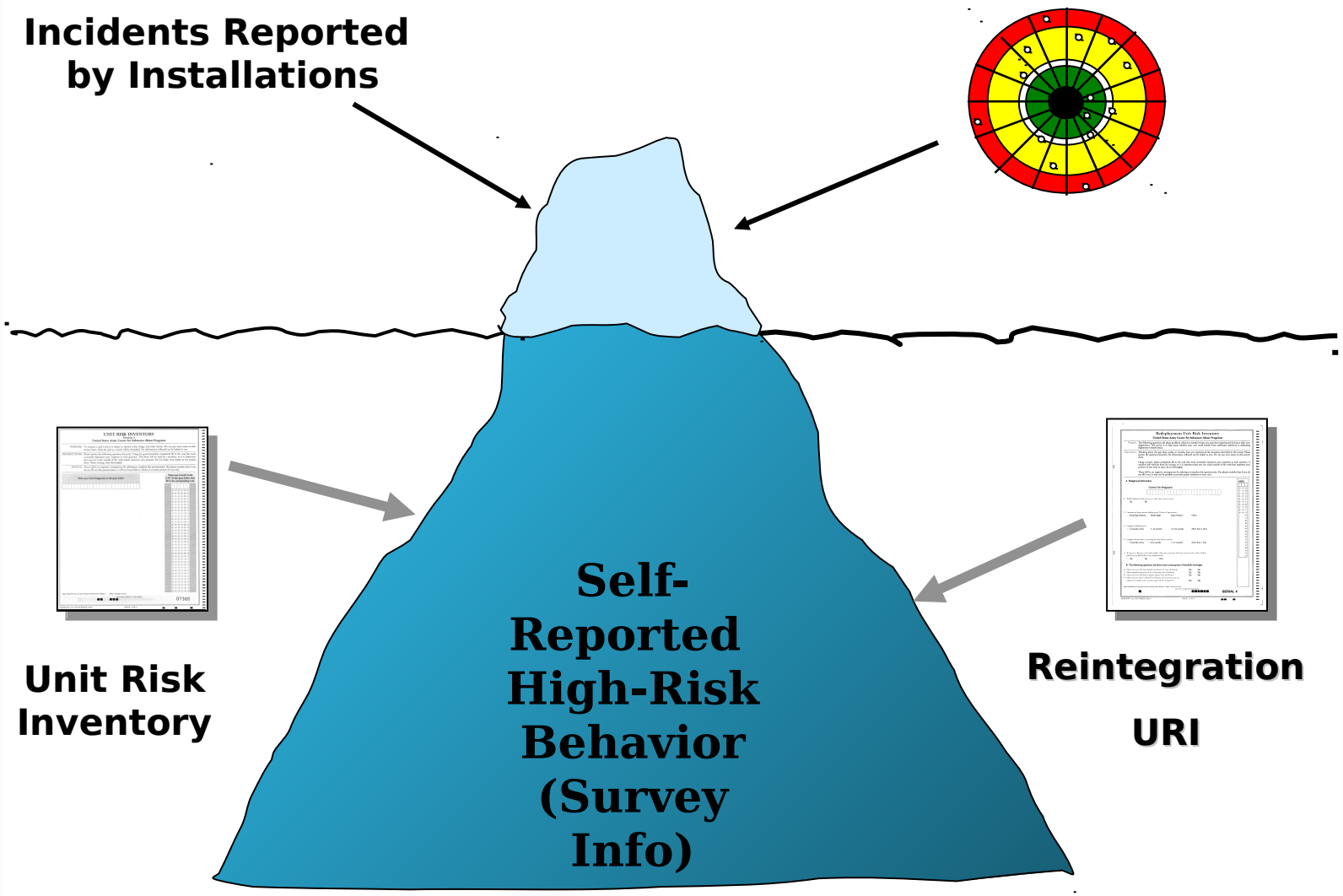
Total Red and Amber Band Bullet Percentages [3]

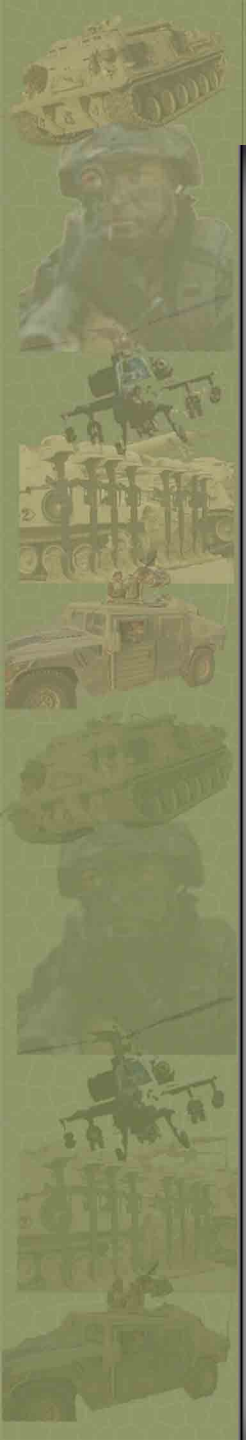
Reporting Unit ID*		Score	Rank
W6CD2M	(120)	459	1
W1L4A1	(169)	373	2
W1L4AA	(82)	275	3
W1L4ZG	(46)	200	4
W1L4E1			
W1DXZC			
T1L4B1			
W1L402			
W1DXZA			
T1L4E1			
W1L4ZH			
T1L4ZJ			
W2LAAA			
W6CDAA			
T1L402			
W1DXZB			
T1L4A1			
S1DX1R			
S1DXZA			
T1L4ZG			
W1L4B1			
T1L4ZH			
S1DXZB			
W0UXC0			
W1L4ZJ			
W0WX24			
W3ZS60			
W1DX1R			
W1DXAA			

Trend Line



The Complete *Risk Picture*





Unit Risk Inventories

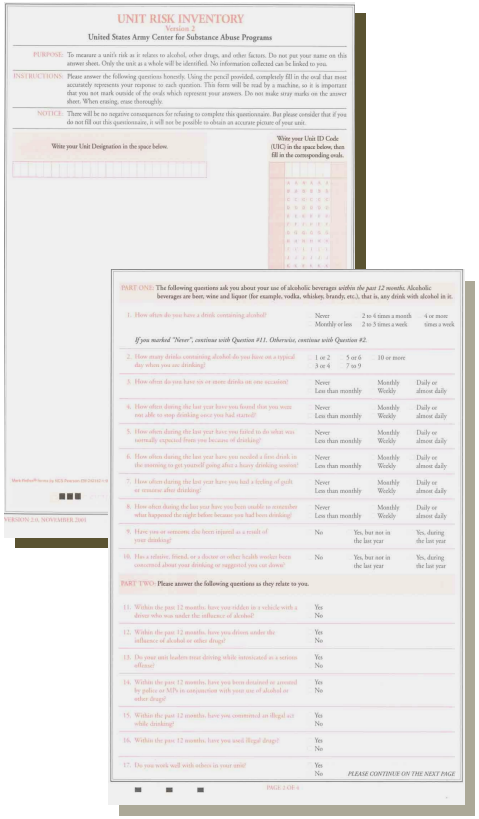
Self Report Survey Information

Introduction to the URI

- Screens for high-risk behaviors and attitudes that compromise unit readiness

- Asks about alcohol and drug abuse, personal and unit relationships, domestic violence, suicide, crime, perception of the Army environment, and financial problems

- URI results provide a picture of a unit's self reported high-risk behaviors


UNIT RISK INVENTORY

Version 2

United States Army Center for Substance Abuse Programs

Unit Risk Inventory (URI)

- 53 item questionnaire
- Assesses unit propensity for risk in the following areas:

  - Alcohol/Drug use
  - Command Factors
  - Stress Levels
  - Self Perceptions
  - Relationships
  - Safe sex practices
  - Child/spouse abuse
  - Violence/Crimes
  - Suicide
  - Financial Problems

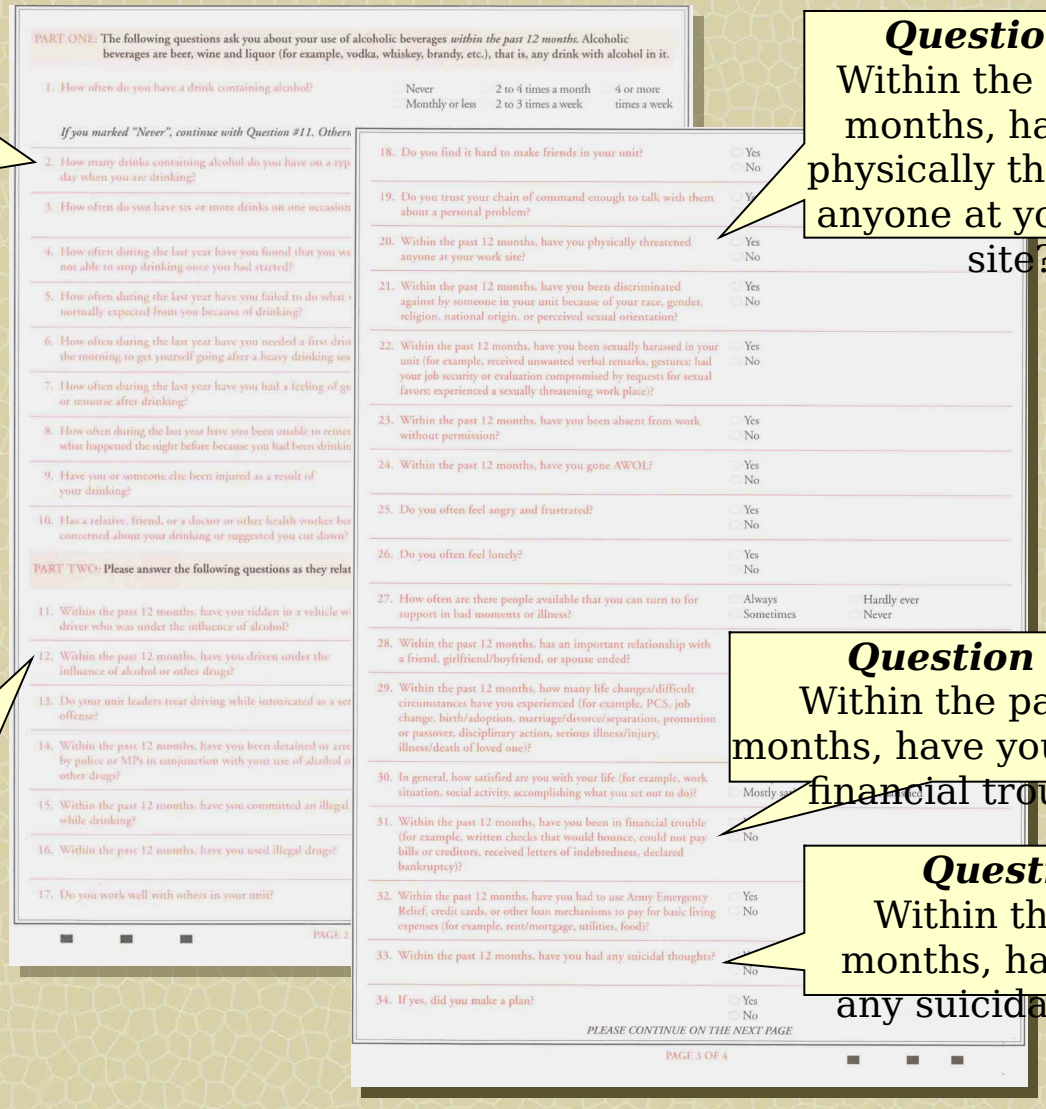
Unit Risk Inventory (URI)

- Army Approved Command Climate Survey
- Designed for use at the Company level
- Screens for high-risk behaviors and attitudes that Compromise unit readiness
- Only takes 30 minutes to complete Survey
- No cost to Installation or Units

Sample URI Questions

Question 1
How often do you have a drink containing alcohol?

Question 12
Within the past 12 months, have you driven under the influence of alcohol or other drugs?


PART ONE: The following questions ask you about your use of alcoholic beverages within the past 12 months. Alcoholic beverages are beer, wine and liquor (for example, vodka, whiskey, brandy, etc.), that is, any drink with alcohol in it.
1. How often do you have a drink containing alcohol?
Never
Monthly or less
2 to 4 times a month
2 to 3 times a week
4 or more times a week
If you marked "Never", continue with Question #11. Others
2. How many drinks containing alcohol do you have on a typ day when you are drinking?
3. How often do you have six or more drinks on one occasion
4. How often during the last year have you found that you we not able to stop drinking once you had started?
5. How often during the last year have you failed to do what normally expected from you because of drinking?
6. How often during the last year have you needed a first drin the morning to get yourself going after a heavy drinking ses
7. How often during the last year have you had a feeling of gu or remorse after drinking?
8. How often during the last year have you been unable to remem what happened the night before because you had been drinkin
9. Have you or someone else been injured as a result of your drinking?
10. Has a relative, friend, or a doctor or other health worker be concerned about your drinking or suggested you cut down?
PART TWO: Please answer the following questions as they relat
11. Within the past 12 months, have you ridden in a vehicle w driver who was under the influence of alcohol?
12. Within the past 12 months, have you driven under the influence of alcohol or other drugs?
13. Do your unit leaders treat driving while intoxicated as a ser offense?
14. Within the past 12 months, have you been detained or arre by police or MPs in conjunction with your use of alcohol o other drugs?
15. Within the past 12 months, have you committed an illegal while drinking?
16. Within the past 12 months, have you used illegal drugs?
17. Do you work well with others in your unit?
PAGE 2
18. Do you find it hard to make friends in your unit?
19. Do you trust your chain of command enough to talk with them about a personal problem?
20. Within the past 12 months, have you physically threatened anyone at your work site?
21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?
22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?
23. Within the past 12 months, have you been absent from work without permission?
24. Within the past 12 months, have you gone AWOL?
25. Do you often feel angry and frustrated?
26. Do you often feel lonely?
27. How often are there people available that you can turn to for support in bad moments or illness?
Always
Sometimes
Hardly ever
Never
28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?
29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?
30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)?
31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?
32. Within the past 12 months, have you had to use Army Emergency Relief, credit cards, or other loan mechanisms to pay for basic living expenses (for example, rent/mortgage, utilities, food)?
33. Within the past 12 months, have you had any suicidal thoughts?
34. If yes, did you make a plan?
Yes
No
PLEASE CONTINUE ON THE NEXT PAGE
PAGE 3 OF 4

Question 20
Within the past 12 months, have you physically threatened anyone at your work site?

Question 31
Within the past 12 months, have you been in financial trouble?

Question 33
Within the past 12 months, have you had any suicidal thoughts?

URI Summary of Results Report

Audit results for unit

Percent problem drinkers in unit, installation, RRP

Unit risk profile with data for unit, installation, RRP

ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS

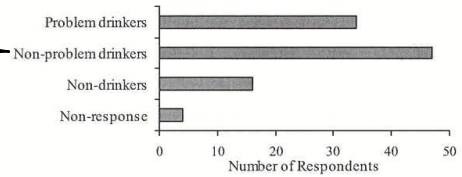
Sample Report
Data are illustrative only.

Unit Risk Inventory Summary of Results

WABCDE, A Company 7/564th
Fort Swampy, FL

101 Persons Surveyed
Administered 12 Mar 2002

Part I: Alcohol Use Disorders Identification Test (AUDIT) Results



Problem Drinkers	
34%	WABCDE
38%	Fort Swampy
31%	Army Risk Reduction Program

Part II: Unit's Risk Profile Related to Alcohol, Drugs, and Other Factors

Survey questions refer to respondents' behavior within the past 12 months.

> indicates the unit had a greater percentage of unfavorable responses compared to either its installation or the Army RRP.

	Unit	Inst.	RRP	
Alcohol and Other Drug Use				
	20%	21%	21%	Have ridden with a driver who was DUI.
	15%	16%	18%	Have driven under the influence of alcohol/drugs.
>	17%	16%	16%	Say their leaders do not treat driving while intoxicated as a serious offense.
	1%	6%	5%	Have been detained or arrested in conjunction with alcohol/drug use.
>	10%	13%	9%	Have committed an illegal act while drinking.
	0%	4%	4%	Have used illegal drugs.
Unit Cohesion				
>	29%	27%	32%	Do not work well with others in their unit.
	12%	13%	12%	Find it hard to make friends in their unit.
>	55%	56%	44%	Do not trust their chain of command enough to talk with them about a personal problem.
	7%	15%	17%	Have physically threatened someone at work.
>	26%	24%	23%	Have been discriminated against by someone in their unit.
>	8%	8%	6%	Have been sexually harassed in their unit.
	6%	6%	7%	Have been absent from work without permission.
	1%	1%	2%	Have gone AWOL.
Self-Perception / Relationships				
	22%	32%	49%	Often feel angry and frustrated.
	19%	21%	21%	Often feel lonely.
>	36%	36%	32%	Hardly ever or never have people to turn to for support in bad moments or illness.
>	30%	28%	28%	Have had an important relationship end.
>	46%	44%	50%	Have experienced two or more life changes or difficult circumstances.
>	63%	61%	60%	Are only somewhat satisfied or not satisfied with their life.
Financial Problems				
	26%	30%	34%	Have been in financial trouble.
>	20%	17%	17%	Have had to use relief or loans to pay for basic living expenses.

	Unit	Inst.	RRP	
Suicide				
>	11%	12%	10%	Have had suicidal thoughts.
>	21%	21%	15%	Of those having suicidal thoughts, made a plan.
	2%	3%	6%	Have attempted suicide.
Other Crimes				
	1%	3%	4%	
	2%	4%	6%	
	0%	4%	4%	
Sexual Practices				
>	64%	60%	39%	
	3%	3%	4%	
>	24%	22%	36%	
Physical / Sexual				
>	25%	24%	25%	
	5%	6%	10%	
	6%	7%	6%	
	6%	8%	8%	spouse or a girlfriend/boyfriend.
	5%	5%	11%	Have insulted or sworn at a child.
>	31%	27%	30%	Have spanked a child and left a mark.
	5%	6%	6%	Have pushed, shoved, hit with their hand, or kicked a child.
>	12%	13%	8%	Have hit a child with a belt or other object.
Army Environment				
	54%	55%	55%	Have spent 31 or more days away from home due to military requirements.
	57%	58%	57%	Do not have enough time to relax due to job demands.
>	38%	32%	40%	Are only somewhat satisfied or not satisfied with Army life.
>	23%	23%	20%	Do not plan to reenlist/stay in the Army.

Enlargement

	Unit	Inst.	RRP	
Suicide				
>	11%	12%	10%	Have had suicidal thoughts.
>	21%	21%	15%	Of those having suicidal thoughts, made a plan.
	2%	3%	6%	Have attempted suicide.

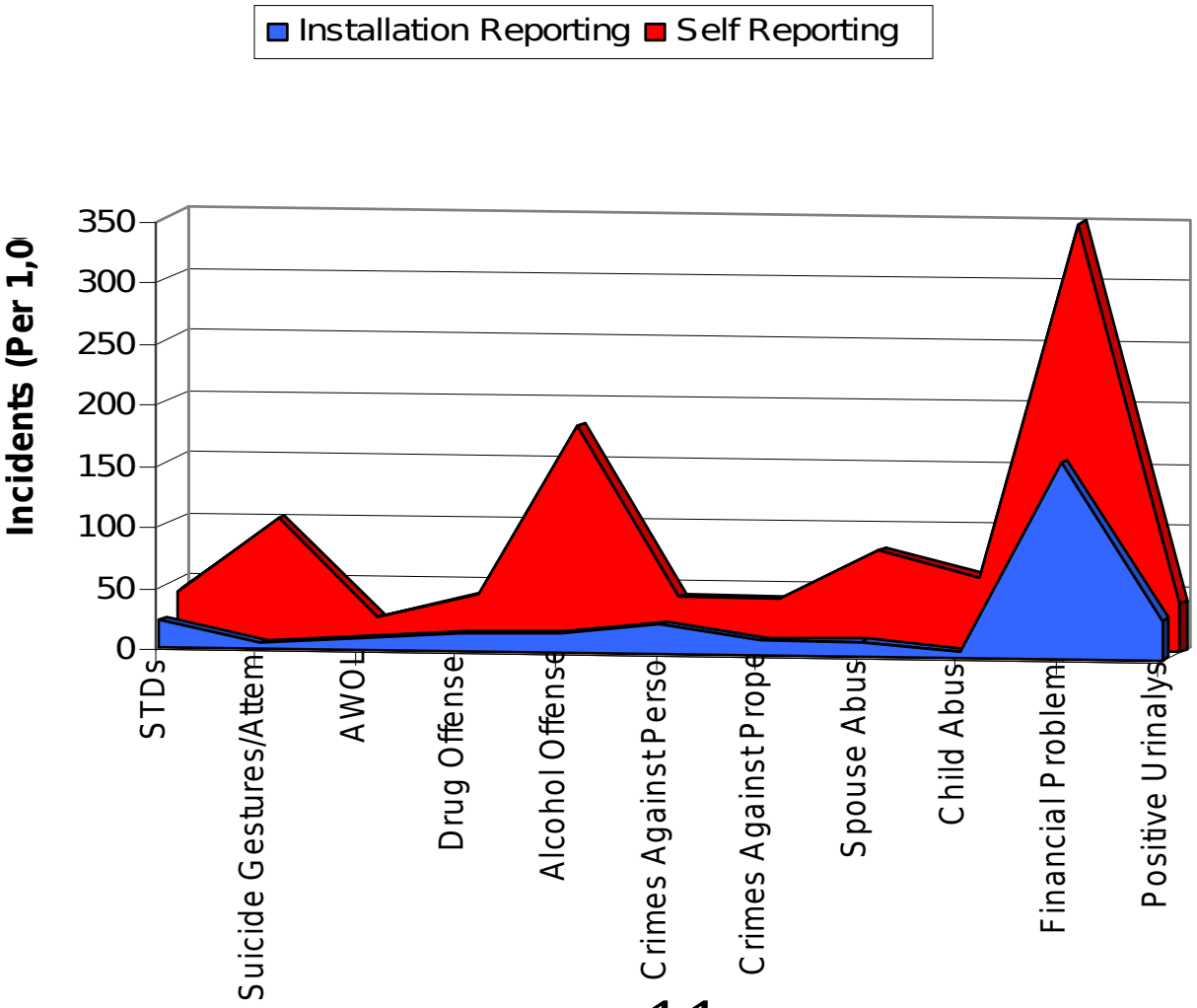
RRP & URI Rates Comparison

HIGH RISK BEHAVIOR RATES

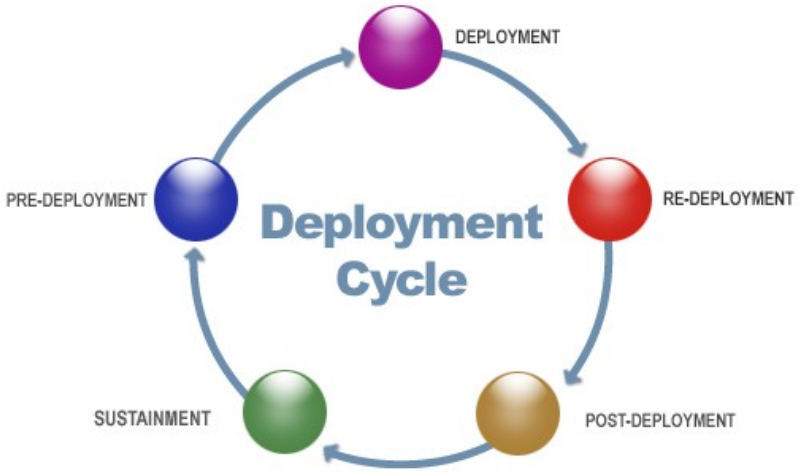
Risk Factor	Report Rates	Installation Rates	Self Rates
STDs	22		40
Suicide Gestures/Attempts	4		100/10
AWOL	10		20
Drug Offenses	14		40
Alcohol Offenses	16		180
Crimes Against Persons	24		40
Crimes Against Property	12		40
Spouse Abuse	12		60 80

* All Rates are "Per/1000"

URI & R-URI Rates Comparison



Reintegration Unit Risk Inventory R-URI



Effects of Deployment
on
Soldier Risk Behavior

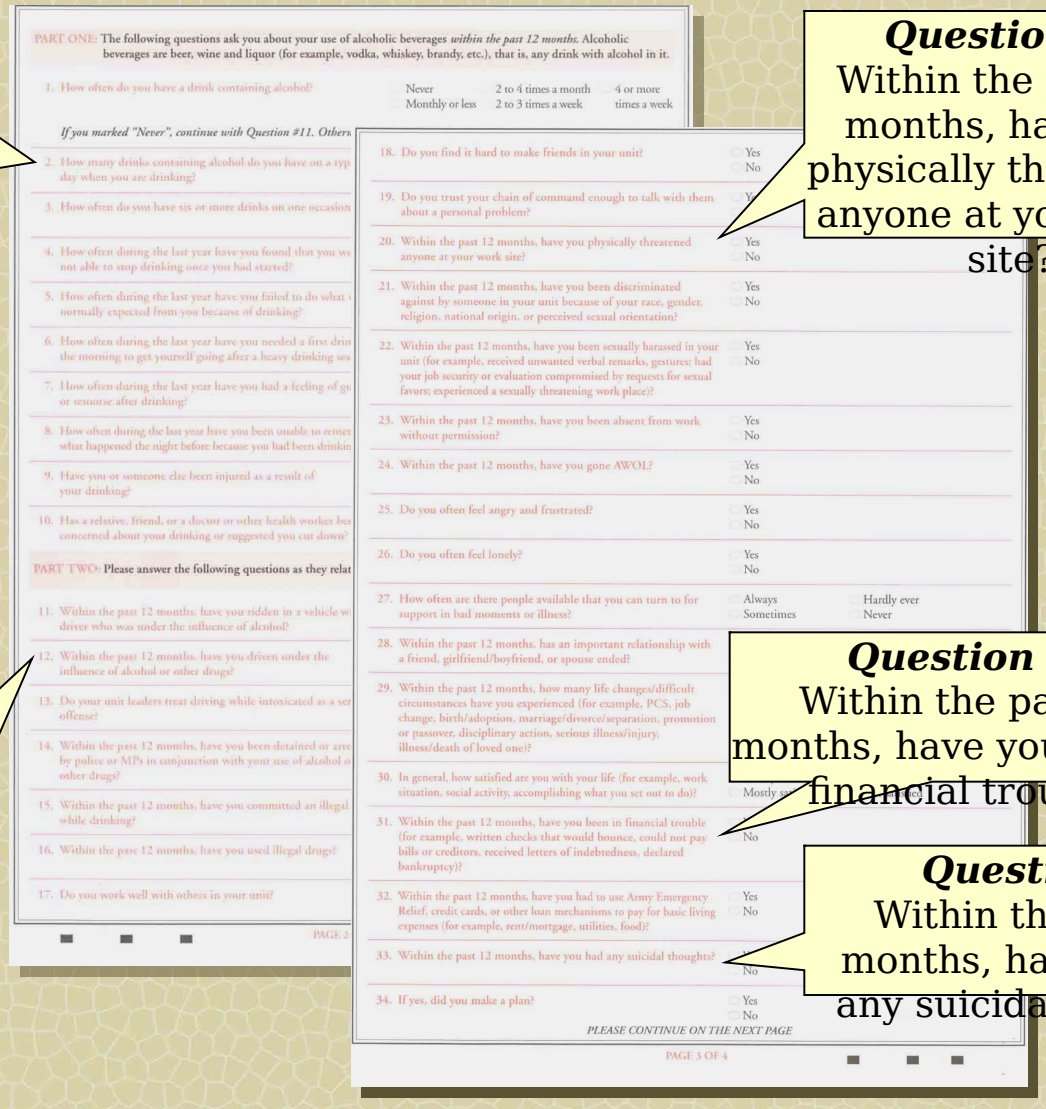
Reintegration Unit Risk Inventory

As part of the Deployment Cycle Support Plan ACSAP developed The Reintegration Unit Risk Inventory (R-URI). The R-URI is a 79-item anonymous questionnaire designed to screen for high-risk behaviors and attitudes affecting unit readiness and personnel well being that may have occurred during deployment or since redeployment.

Sample R-URI Questions

Question 1
How often do you have a drink containing alcohol?

Question 12
Within the past 12 months, have you driven under the influence of alcohol or other drugs?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Never
Monthly or less
2 to 4 times a month
2 to 3 times a week
4 or more times a week
If you marked "Never", continue with Question #11. Others
2. How many drinks containing alcohol do you have on a typ day when you are drinking?
3. How often do you have six or more drinks on one occasion
4. How often during the last year have you found that you we not able to stop drinking once you had started?
5. How often during the last year have you failed to do what normally expected from you because of drinking?
6. How often during the last year have you needed a first drin the morning to get yourself going after a heavy drinking ses
7. How often during the last year have you had a feeling of gu or remorse after drinking?
8. How often during the last year have you been unable to remem what happened the night before because you had been drinkin
9. Have you or someone else been injured as a result of your drinking?
10. Has a relative, friend, or a doctor or other health worker be concerned about your drinking or suggested you cut down?
PART TWO: Please answer the following questions as they relat
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PAGE 2
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21. Within the past 12 months, have you been discriminated against by someone in your unit because of your race, gender, religion, national origin, or perceived sexual orientation?
22. Within the past 12 months, have you been sexually harassed in your unit (for example, received unwanted verbal remarks, gestures; had your job security or evaluation compromised by requests for sexual favors; experienced a sexually threatening work place)?
23. Within the past 12 months, have you been absent from work without permission?
24. Within the past 12 months, have you gone AWOL?
25. Do you often feel angry and frustrated?
26. Do you often feel lonely?
27. How often are there people available that you can turn to for support in bad moments or illness?
Always
Sometimes
Hardly ever
Never
28. Within the past 12 months, has an important relationship with a friend, girlfriend/boyfriend, or spouse ended?
29. Within the past 12 months, how many life changes/difficult circumstances have you experienced (for example, PCS, job change, birth/adoption, marriage/divorce/separation, promotion or passover, disciplinary action, serious illness/injury, illness/death of loved one)?
30. In general, how satisfied are you with your life (for example, work situation, social activity, accomplishing what you set out to do)?
31. Within the past 12 months, have you been in financial trouble (for example, written checks that would bounce, could not pay bills or creditors, received letters of indebtedness, declared bankruptcy)?
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33. Within the past 12 months, have you had any suicidal thoughts?
34. If yes, did you make a plan?
Yes
No
PLEASE CONTINUE ON THE NEXT PAGE
PAGE 3 OF 4

Question 20
Within the past 12 months, have you physically threatened anyone at your work site?

Question 31
Within the past 12 months, have you been in financial trouble?

Question 33
Within the past 12 months, have you had any suicidal thoughts?

R-URI Summary of Results Report

Deployment information

Modified Audit results for unit

Page 2 breaks out summarized information

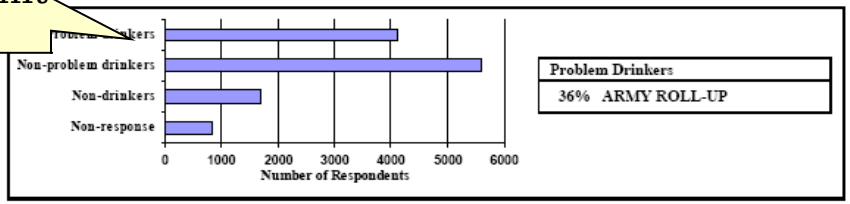
Reintegration Unit Risk Inventory Summary of Results

ROLL-UP, DATE 7-12-05

12221 Persons Surveyed
Administered 01 Jan 05
Printed 12 Jul 05

1. **While deployed, served with current unit:**
   - 87% Yes
   - 13% No
2. **Most recent deployment:**
   - 9% Enduring Freedom
   - 0% Noble Eagle
   - 88% Iraqi Freedom
   - 3% Other
3. **Length of deployment:**
   - 13% 6 months or less
   - 71% 7 - 12 months
   - 16% 13 - 24 months
   - 0% More than 2 years
4. **Time since returning to home station:**
   - 34% 3 months or less
   - 41% 4 - 6 months
   - 22% 7 - 12 months
   - 3% More than 1 year
5. **This question only applies to Army Reserve and Army National Guard soldiers.**

Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)



C./D. **Overview:**

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"*" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

While Deployed Unit	Since Returning Unit	Survey Category
3%	9%	Alcohol and Other Drug Abuse
15%	15%	Unit Cohesion
37%	29%	Self-Perception / Relationships
9%	11%	Financial Problems
7%	6%	Suicide
3%	5%	Other Crimes
--	7%	Verbal / Physical Abuse
--	51%	Army Environment
37%	36%	Combat / Deployment

E. **Follow-up:**

78. Have sought help for these issues since returning.		79. Requested information or briefing on these topics.	
5%	Post-traumatic stress disorder	13%	Post-traumatic stress disorder
9%	Marriage/relationship issues	15%	Marriage/relationship issues
4%	Alcohol/drug problems	10%	Alcohol/drug problems
5%	Financial management	16%	Financial management
6%	Anger management	16%	Anger management
5%	Mental health issues	10%	Mental health issues
6%	Depression	14%	Depression
1%	Parenting	9%	Parenting
1%	Suicide	7%	Suicide

Administered 15 Feb 02 - 08 Oct 04

it type.

[Question Number

[42]
[43]
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R-URI Report

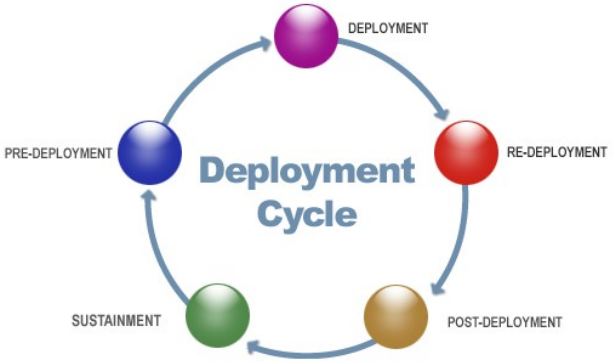
The report displays data captured from two stages of deployment.

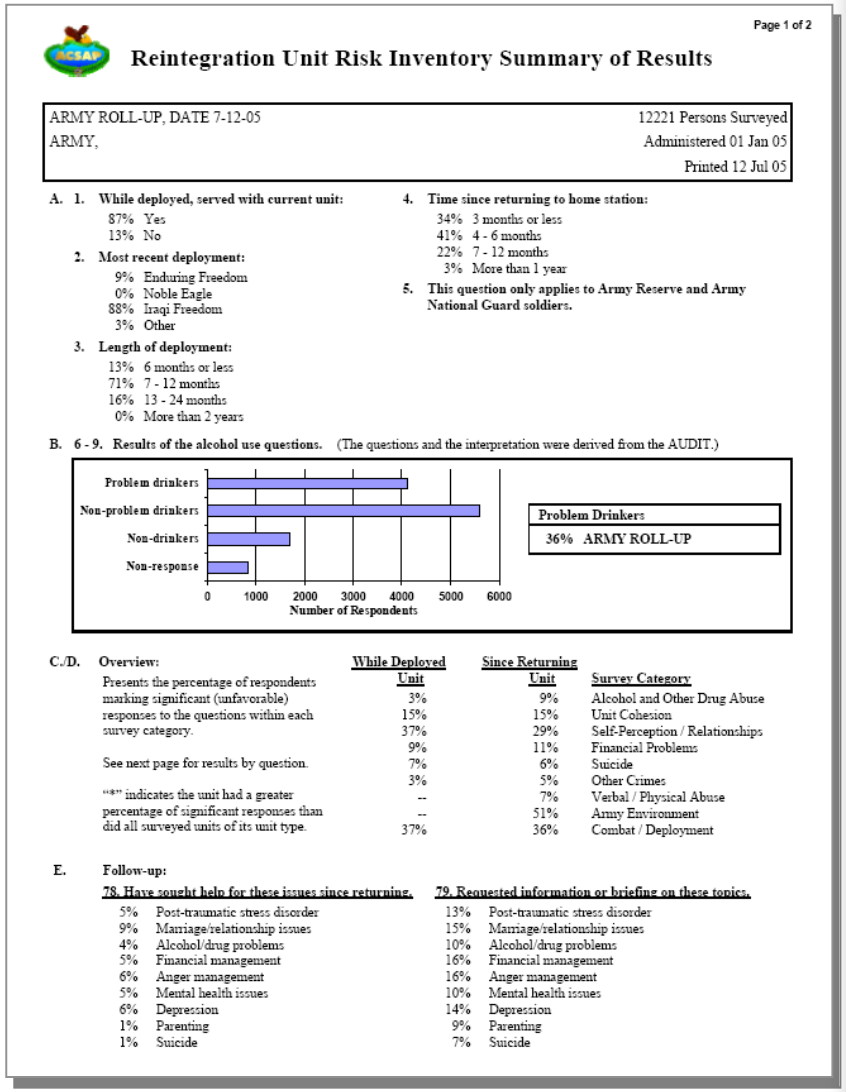
- **During deployment**

  Asks soldiers information relating to behavior in theater.

- **Post-deployment**

  Asks soldiers information relating to behavior at home station during reintegration.





Page 1 of 2

Reintegration Unit Risk Inventory Summary of Results

ARMY ROLL-UP, DATE 7-12-05 — 12221 Persons Surveyed
ARMY, — Administered 01 Jan 05
Printed 12 Jul 05

A. 1. While deployed, served with current unit:
87% Yes
13% No

2. Most recent deployment:
9% Enduring Freedom
0% Noble Eagle
88% Iraqi Freedom
3% Other

3. Length of deployment:
13% 6 months or less
71% 7 - 12 months
16% 13 - 24 months
0% More than 2 years

4. Time since returning to home station:
34% 3 months or less
41% 4 - 6 months
22% 7 - 12 months
3% More than 1 year

5. This question only applies to Army Reserve and Army National Guard soldiers.

B. 6 - 9. Results of the alcohol use questions. (The questions and the interpretation were derived from the AUDIT.)

C./D. Overview:

Presents the percentage of respondents marking significant (unfavorable) responses to the questions within each survey category.

See next page for results by question.

"*" indicates the unit had a greater percentage of significant responses than did all surveyed units of its unit type.

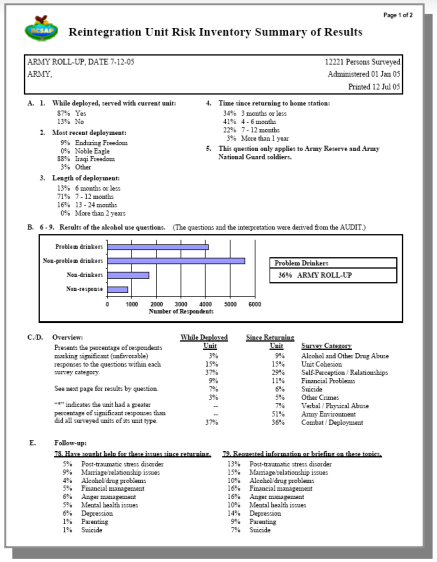
While Deployed Unit	Since Returning Unit	Survey Category
3%	9%	Alcohol and Other Drug Abuse
15%	15%	Unit Cohesion
37%	29%	Self-Perception / Relationships
9%	11%	Financial Problems
7%	6%	Suicide
3%	5%	Other Crimes
--	7%	Verbal / Physical Abuse
--	51%	Army Environment
37%	36%	Combat / Deployment

E. Follow-up:

78. Have sought help for these issues since returning.
5% Post-traumatic stress disorder
9% Marriage/relationship issues
4% Alcohol/drug problems
5% Financial management
6% Anger management
5% Mental health issues
6% Depression
1% Parenting
1% Suicide

79. Requested information or briefing on these topics.
13% Post-traumatic stress disorder
15% Marriage/relationship issues
10% Alcohol/drug problems
16% Financial management
16% Anger management
10% Mental health issues
14% Depression
9% Parenting
7% Suicide

URI & R-URI Data Comparisons



Page 1 of 2

Reintegration Unit Risk Inventory Summary of Results

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	While Deployed Unit	Since Returning Unit	Survey Category
	3%	5%	Alcohol and Other Drug Abuse
	15%	15%	Unit Cohesion
	17%	29%	Self-Perception / Relationships
	9%	11%	Financial Problems
	7%	6%	Suicide
	3%	5%	Other Crimes
	--	7%	Verbal / Physical Abuse
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	37%	36%	Combat / Deployment

E. **Follow-up:**

78. Have sought help for these issues since returning.	79. Requested information or briefing on these topics.
5% Post-traumatic stress disorder	13% Post-traumatic stress disorder
9% Marriage/relationship issues	15% Marriage/relationship issues
4% Alcohol/drug problems	10% Alcohol/drug problems
5% Financial management	16% Financial management
6% Anger management	16% Anger management
5% Mental health issues	10% Mental health issues
6% Depression	14% Depression
1% Parenting	9% Parenting
1% Suicide	7% Suicide

	R-URI While Deployed	R-URI Since Returning	URI 2.0	URI 1.0
Used illegal drugs	3%	**5%**	3%	3%
	1%	1%	1%	1%
Attempted suicide	4%	**19%**	14%	13%
Drove under the influence of Alcohol	**36%**	**28%**	22%	21%
Had a relationship deteriorate	**60%**	**49%**	45%	49%
		65%	55%	
Often felt angry and frustrated				

Alcohol Abuse / Problem Drinking

Problem Drinkers:	R-URI (ongoing)	URI 2.0 (2002-2005)	URI 1.0 (Pre 9/11)
	35%	**30%**	**28%**

Drinking Scenarios:

Problem Drinker:

- Consume 6 drinks or more in one sitting on a *weekly* basis.
- Consume *5 - 6* drinks, 4+ times a week.

Non-Problem Drinker:

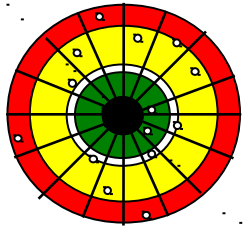
- Consume 6 drinks or more in one sitting on a *monthly* basis.
- Consume *1 - 4* drinks, 4+ times a week.

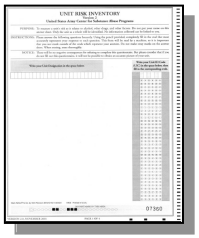
* Using scoring criteria from: © World Health Organization, 1992. Babor, T.F., de la Fuente, J., Grant, M., Saunders, J., Programme on Substance Abuse, AUDIT, The Alcohol Use Disorders Identification Test: Guidelines for use in Primary Health Care

The *Complete* Risk Picture

Commanders need full visibility to make informed decisions!

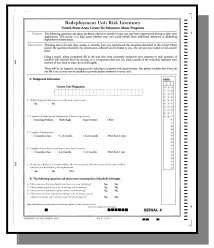
Valuable information on both side of the waterline.





Unit Risk Inventory

Self-Reported High-Risk Behavior (Survey Info)



Reintegration URI

Questions

Don’t Risk Readiness !

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